

Startgemeinschaft Essen



Alex-Rekord

ALEX ATHLETICS
**SWIM & FUN
 DAYS**
 powered by **KARSTADT sports**

| Frauen: | | | | |
|-----------------|--|------|----------|------|
| 50 m Schmetter | Daniela Samulski SG Bayer Wup/Uer/Dor | 1984 | 00:26,76 | 2008 |
| 100 m Schmetter | Daniela Samulski SG Bayer Wup/Uer/Dor | 1984 | 00:59,15 | 2008 |
| 200 m Schmetter | Franziska Hentke SC Magdeburg | 1989 | 02:10,59 | 2012 |
| 50 m Rücken | Daniela Samulski SG Bayer Wup/Uer/Dor | 1984 | 00:28,81 | 2008 |
| 100 m Rücken | Antje Buschulte SG Bayer Wup/Uer/Dor | 1978 | 01:02,57 | 2002 |
| 200 m Rücken | Jenny Mensing SC Wiesbaden 1911 | 1986 | 02:13,63 | 2011 |
| 50 m Brust | Dorothea Brandt SG Essen | 1984 | 00:30,99 | 2014 |
| 100 m Brust | Caroline Ruhnau SG Essen | 1984 | 01:08,95 | 2014 |
| 200 m Brust | Michelle Lambert SG Essen | 1994 | 02:29,83 | 2015 |
| 50 m Freistil | Dorothea Brandt SG Essen | 1984 | 00:25,18 | 2014 |
| 100 m Freistil | Daniela Schreiber SV Halle (Saale) | 1989 | 00:55,73 | 2013 |
| 200 m Freistil | Annika Lurz SV Würzburg 05 | 1979 | 01:57,67 | 2007 |
| 400 m Freistil | Johanna Friedrich SC Magdeburg | 1995 | 04:14,32 | 2015 |
| 800 m Freistil | Isabelle Härle SV Nikar Heidelberg | 1988 | 08:41,60 | 2011 |
| 1500 m Freistil | Isabelle Härle SG Essen | 1988 | 16:18,02 | 2014 |
| 200 m Lagen | Marlene Hüther SSG Saar Max Ritter | 1998 | 02:17,09 | 2015 |
| 400 m Lagen | Kathrin Demler SG Essen | 1996 | 04:49,44 | 2014 |

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| Männer: | | | | |
|-----------------|---------------------------------------|------|----------|------|
| 50 m Schmetter | Steffen Deibler Hamburger SC | 1987 | 00:23,71 | 2009 |
| 100 m Schmetter | Steffen Deibler Hamburger SC | 1987 | 00:53,40 | 2011 |
| 200 m Schmetter | Christian Keller SG Essen | 1972 | 02:02,09 | 2003 |
| 50 m Rücken | Stev Theloke SC Chemnitz 1892 | 1978 | 00:25,68 | 2005 |
| 100 m Rücken | Helge Meeuw SC Wiesbaden | 1984 | 00:54,84 | 2008 |
| 200 m Rücken | Christian Diener PSV Cottbus | 1993 | 02:00,30 | 2014 |
| 50 m Brust | Mark Warnecke SG Essen | 1970 | 00:27,80 | 2005 |
| 100 m Brust | Marco Koch DSW 1912 Darmstadt | 1990 | 01:01,09 | 2014 |
| 200 m Brust | Marco Koch DSW 1912 Darmstadt | 1990 | 02:12,12 | 2014 |
| 50 m Freistil | Steffen Deibler Hamburger SC | 1987 | 00:22,40 | 2011 |
| 100 m Freistil | Steffen Deibler Hamburger SC | 1987 | 00:49,42 | 2009 |
| 200 m Freistil | Dominik Koll OÖLSV Auswahl | 1984 | 01:49,73 | 2008 |
| 400 m Freistil | Poul Zellmann SG Essen | 1995 | 03:52,09 | 2016 |
| 800 m Freistil | Thomas Lurz SV Würzburg 05 | 1979 | 08:00,87 | 2007 |
| 1500 m Freistil | Poul Zellmann SG Essen | 1995 | 15:20,41 | 2016 |
| 200 m Lagen | Philipp Heintz SV Nikar Heidelberg | 1991 | 02:00,87 | 2015 |
| 400 m Lagen | Jan David Schepers SG Essen | 1990 | 04:24,48 | 2011 |